

JOIN
US
NOW!

GET FIT
★ 60 DAY ★
CHALLENGE

Body Balance invites you to:

TAKE THE CHALLENGE

***** First 3 entries receive class passes & massage coupon *****



*** 60 Day Summer Fit Challenge**

2 months (July & August)

To Get in Your Best Shape!

All you have to do for the challenge is sign up for summer session classes or do drop-ins or do personal training sessions & work hard for 60 days 😊

Your REWARD at the end of the 60 days...will be a Professional Fitness PHOTO SHOOT

You'll Get:

- ✚ PHOTO SESSION at Body Balance Studio
- ✚ 8 x 10 PRINT
- ✚ DISC of your photos

ALL FOR ONLY \$20 (cheque made payable to Body Balance)



REGISTER YOUR NAME FOR THE CHALLENGE AT: fitness@body-balance.ca

Your personal photo shoot will be scheduled for beginning of September!

60-Day
Fitness
Challenge